

Resources for Students

Updated 1/2019

Academic Support

- Need help with a class? Please make an appointment to **talk to your instructor or TA**, or make use of their office hours. Your instructors and TA's are here to help you learn!
- Tutoring resources are also available at MIT
<http://uaap.mit.edu/tutoring-support/tutoring-options-services>

Academic Integrity

- Fundamental to the academic work you do at MIT is an expectation that you will make choices that reflect integrity and responsible behavior. Please take some time to review the Do's and Don't's in the academic integrity handbook for students.
- Handbook available for download at <http://integrity.mit.edu>

Career Ideas/Post-MIT plans

- Need career advice, help with finding an internship, or considering graduate school? The Career Advising and Professional Development Office (CAPD) has a variety of resources available to students. Take advantage of their walk-in hours if you would like to speak with a representative from their office directly
<https://capd.mit.edu>
- Are you considering Graduate or Medical School? CAPD can help you explore your options and prepare for a program that makes sense for you <https://capd.mit.edu/grad-and-med-school>

Student Support and Wellbeing

Student Support and Wellbeing (SSAW) <https://studentlife.mit.edu/wellness-and-support> in the Division of Student Life, supports all MIT students by providing individualized services, coordinating resources, and offering innovative prevention and education programs. SSAW is composed of five offices that partner closely with other Institute resources to provide coordinated care for all MIT students. The offices in SSAW include Student Support Services, Student Disability Services, Violence Prevention & Response, Alcohol and Other Drug Services, and the CARE Team. Brief descriptions of each of these offices is provided below.

- Student Support Services assists undergraduates who cannot meet academic obligations for personal or medical reasons, facilitates the processing of OX grades, processes leaves and returns to the Institute, and advocates on behalf of students. Their office is a friendly and easily accessible hub of support for MIT students. If you are facing a personal or academic difficulty, or a combination of both, don't hesitate to be in touch with their office.
- Student Disability Services ensures that all students with disabilities have access to MIT's programs, activities, and services.
- Violence Prevention & Response works with the entire campus to educate and raise awareness on sexual assault, dating and domestic violence, stalking, and sexual harassment. Victim advocates are available 24 hours a day to support survivors by calling the hotline at 617-253-2300.
- Alcohol and Other Drug Services prevents high-risk behaviors and promotes healthy communities by working with the community to develop and sustain prevention programming, provide early intervention services, and build coalitions to address MIT-related health issues.
- The CARE Team supports students through hospitalizations and transitions back to campus, as well as facilitating wellbeing checks and offering general support to students who are in crisis